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MODULE FOR PSYCHOLOGICAL ASSESSMENT OF THE PATIENT READINESS FOR SURGICAL OPERATIONS

Hannawi A.
student,
Master's Degree
Department of Biomedical Engineering
Kharkiv National University of Radio Electronics

Psychological problems that arise in the work of a surgeon have always attracted the attention of various specialists. The medical psychologist focuses on the mental reactions of a diseased person [1]. Of great importance is the analysis of their clinical features, assessment of factors that contribute to the emergence of a particular person a specific type of mental reactions to the disease [2].

Complex surgery operations may be accompanied by prolonged rehabilitation and sometimes disability of the patient. Therefore, the medical psychologist should analyze social connections and relationships in the family and at work, provide regular psychological support to the patient from diagnosis to completion of rehabilitation, monitoring the dynamics of psycho-emotional state and psychological reactions to the disease [3]. An essential component of the work of a medical psychologist is psychotherapeutic work, which is carried out with the patient at all stages of the disease and includes psycho-correction and rehabilitation [3-4].

There are different psychological methods computerized systems for analysis psychophysical and emotional characteristics of patients, children, students, drivers, pilots, military, doctors, etc. [4-11]. These researches include development program modules, methods, software and hardware complexes, and methodologies for automated analysis physical and physiological parameters in psychology, psychoneurology, psychophysiology, neurology, also surgery for planning different operations [4-13].

It is known, the psychological readiness of patients for surgery operation is not the same. At chronic somatic pathology, the patient gradually adapts to the status and understands expediency and necessity of the performance of diagnostic and medical manipulations. The fundamental difference is that in chronic somatic diseases adaptation occurs to the current state of the disease. Therefore, to need before planning of surgery operation testing of the psycho-emotional state of the patient. In general, the process of the testing subject for assessing readiness for surgical operations is shown in fig. 1.

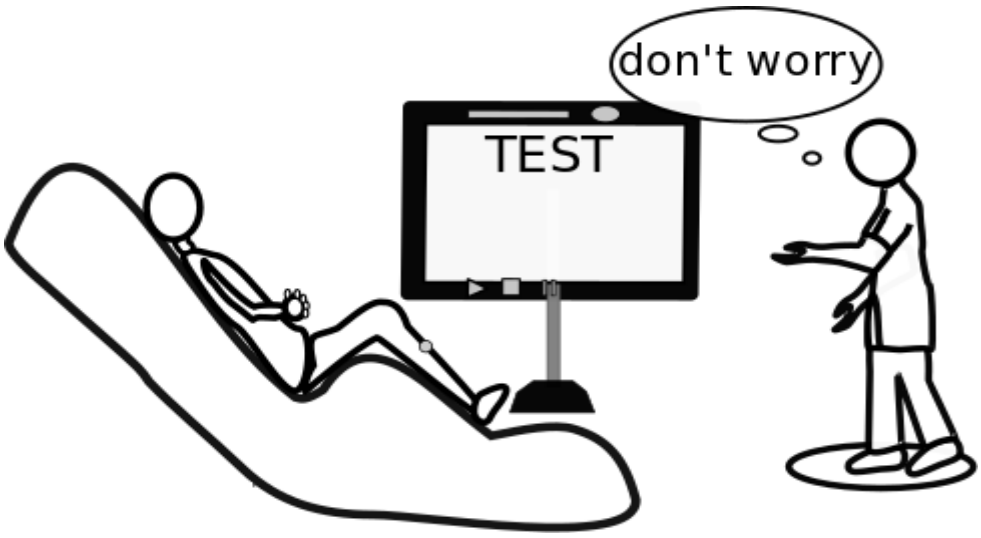

Figure 1 – Schematic example of testing patient's readiness for surgical operations

During working with a patient, a medical psychologist can use a questionnaire to determine the types of patients' attitudes to the disease. All variants of behavioral reactions largely depend on the way the patient adapts to the disease and on the internal picture of the disease formed by him. A.Ye. Lychko and N.Ya. Ivanov proposed a classification of response types, based on an assessment of three factors: the nature of the disease, premorbid personality type of the patient (and too accentuated traits) and the attitude to this disease of the patient's social environment (family, team, and friends). According to this classification system, all types of reactions can be divided into three blocks. The first block is reactions that do not violate social adaptation; the second block is intrapsychic reactions; the third block is interpsychic reactions. Considering all this information we developed program module for automated analysis of parameters of the patient's psycho-emotional state. Surgery by its nature almost always causes a person not only a local pain reaction, but also generates a range of different emotional experiences. Fig. 2 represents 6 series blocks of this module for execution process of testing.

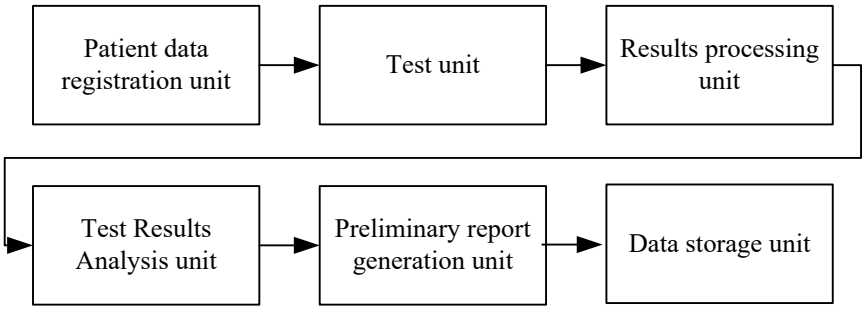

Figure 2 – A block-diagram of the developed program module for assessment readiness patients for surgical operations

After finished testing process, a medical psychologist can assistance patient for control his mental and emotional state. Thus, the medical psychologist uses this program module; know the plan of his work with the patient, taking into account all

specific stages of surgical care. The obtained results show the need for using integrated indicators in assessing readiness patients for surgical operations.

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